

51A Middle Street, Newburyport, MA 01950 Phone: 800-588-7039 Fax: 877-902-4284 contact@bhfe.com www.bhfe.com

# BEACON HILL Course-in-a-Book™ Series

Elder Planning #194819

A GUIDE TO ELDER	Study Guide Table of Contents	
PLANNING	Course information	2
EXECUTION VOLUMENTS OF SAME VO	Learning Objectives	3
	Course Outline/Book Table of Contents	4

# **Course Information**

Number of CFP® continuing education credit hours recommended for this course: 12
Beacon Hill Financial Educators course provider/sponsor number (for CFP Board): 1008

#### **Description**

Elder Planning covers the financial, legal, and personal issues faced by seniors and their families, including practical insights and specific, innovative solutions for estate planning, investment planning, long term care planning, housing, Medicare, Medicaid, retirement planning, Social Security, veterans' benefits, asset protection, substitute decision making, income tax planning, age discrimination, protection from abuse and scams, end of life issues, and more.

## **Subject Codes**

CFP Board: "A" Financial Planning Process, Retirement Planning.

NAPFA credit allocation: Retirement Planning (6 CE); Fundamentals of Financial Planning (6 CE).

#### **Course Content**

Course text: A Guide to Elder Planning by Steve Weisman (FT Press, 2013, 364 pages).

Study guide: Course information, learning objectives, chapter list of book.

Final exam (online): Sixty multiple choice questions.

# **Level of Complexity**

#### Overview

*CFP Board:* Programs that provide a general review of a subject from a broad perspective or dive into basic knowledge on a specific skill or topic. Best suited for CFP® professionals seeking knowledge in an unfamiliar subject area and with entry level experience.

## **Instructions for Taking This Course**

- You must complete this course within one year of purchase (If the course is "Expired," contact us and we will add the latest edition of the course to your account (no charge).
- Complete the course by following the learning objectives listed for the course and studying the text.
- Once you have completed studying the course and you are confident that the learning objectives have been met, answer the final exam questions (online).

# **Instructions for Taking the Online Exam**

- Log in to your secure account at <u>www.bhfe.com</u>. Go to "My Account."
- A passing grade of at least **70%** is required on the exam for this course.
- You will have three attempts to pass the exam (call or email us after three unsuccessful attempts for instructions).
- The exam is not timed, and it does not need to be completed in one session.
- For a printed copy of the exam questions, open the exam and press "Print Exam."
- Once you pass the exam, the results (correct/incorrect answers) and certificate of completion appear in "My Account." A confirmation email is also sent.
- CFP Board and CDFA credit hours, if applicable, are reported on Tuesdays and at the end of the month.

Have a question? Call us at 800-588-7039 or email us at contact@bhfe.com.

## **Learning Objectives**

As a result of studying the text, you should be able to meet the following learning objectives:

- Define the primary issues that senior citizens should consider for protecting assets.
- Recognize the unique planning considerations relevant to senior citizens in regards to credit.
- Recall the legal resources seniors have available to help them protect their assets.
- List the primary concerns that seniors should address regarding estate planning.
- Define the benefits of trusts.
- Recognize what seniors should be aware of about investing.
- Recall the income tax issues that seniors should effectively plan for.
- Define reverse mortgages and how they are used by seniors.
- Recognize the benefits of alternative housing options to seniors.
- Differentiate between the various types of retirement community living options available to seniors.
- Recall how seniors should plan for long-term care and disability.
- Define the primary planning considerations for Social Security.
- Define the primary planning considerations for Medicare.
- Define the primary planning considerations for Medicaid.
- Define the primary challenges seniors face in regard to scams and identity theft.
- Recognize the primary end-of-life issues that seniors should be aware of and plan for.

Course Outline/Book Table of Contents	Choices 124	
	Devil in the Details 124	
Chapter 1 Asset Protection 1	How to Exorcise the Devil 124	
Insurance 2	Beneficiary Designation 125	
Homeowner's Insurance 2	Conversion to a Roth IRA 127	
Prenuptial Agreements 7	When Does It Make Sense to Convert a Traditional IRA to a	
Bank Accounts 10	Roth IRA? 129	
Trusts 11	Distribution 130	
Homestead Protection 13	Withdrawal Pains 131	
Fraudulent Conveyances 14	Survivors 134 Chapter 8 Planning for the Home 138	
Assets Protected by Law 15 Joint Ownership 15	Chapter 8 Planning for the Home 138 Reverse Mortgages 139	
Tenancy by the Entirety 16	Keep It in the Family 141	
Family Limited Partnerships 17	Uncle Sam Likes Reverse Mortgages 141	
Endnotes 18	Using Reverse Mortgages to Pay for Long-Term Care	
Chapter 2 Senior Citizens and Credit 19	Insurance 142	
Equal Credit Opportunity Act 19	Creative Uses of Reverse Mortgages 143	
Credit Reports 20	Counseling 146	
Credit Cards 25	Bells and Whistles 147	
Chapter 3 Substitute Decision Making 27	Shared Equity and Appreciation Fees 148	
Power of Attorney 27	Reverse Mortgage Fees 150	
Durable Power of Attorney 28 You and Will Robinson 31	For Whom the Reverse Mortgage Tolls 151 The Bottom Line 152	
IRS Dangers 34	Mortgage Prepayment 152	
Health Care Proxy 35	Private Mortgage Insurance 153	
Free Advice (And Worth Every Penny) 39	Refinancing 154	
Chapter 4 Estate Planning 41	Life Estates 155	
Wills 41	Sell the Home to the Children 156	
Living Trusts 45	Chapter 9 Alternative Housing 157	
Incentive Trusts 49	Retirement Communities 158	
Estate Taxes 50	Important Considerations in Evaluating a Continuing Care	
State Estate Taxes 54	Retirement Community 162	
Irrevocable Life Insurance Trusts 54 Charitable Remainder Trust 56	Assisted Living 165	
Charitable Remainder Trust 56 Defective Trusts 57	Legalities 165 What's in a Name? 166	
Section 529 Plans 58	Accreditation 167	
Planning for Your Pets 60	Important Considerations in Evaluating an Assisted-Living	
Digital Estate Planning 61	Facility 168	
POD Accounts 61	A Word of Warning 170	
Second Marriages 62	Location, Location 170	
Estate Planning for Unmarried Couples 63	Check It Out 171	
Now That You Have a Plan 64	Security 171	
Chapter 5 Investments 66	Hospitals 171	
Mutual Funds 66 DRIPs 74	The Smell Test 172 Smoking 172	
Certificates of Deposit 74	Pet Policy 172	
Treasuries 75	Transportation 172	
Annuities 78	Do You Get Fries with That? 173	
Your Stock Portfolio 79	What Would Tim Russert Ask? 173	
A Few Words on Gold 87	The Fine Print 174	
Final Thoughts 87	How Do You Pay? 174	
Endnotes 88	Checklist of Important Issues in Considering an Assisted-	
Chapter 6 Income Taxes 89	Living Facility or Continuing Care Retirement Community	
Marital Status 89	175	
Parents and Children 94 Domestic Partners 96	The Final Words 177 Endnote 177	
Now That You Have Prepared Your Taxes, What Documents	Chapter 10 Long-Term Care 178	
Do You Keep? 111	History 178	
Final Words from Deep in the Heart of Taxes 111	Cost of Long-Term Care 181	
Endnote 112	Future Cost of Long-Term Care 181	
Chapter 7 Individual Retirement Accounts and 401(k)s 113	Financing Long-Term Care 181	
Traditional IRA 114	Finding the Money 185	
Roth IRA 116	Another Thing to Think About 185	
Decisions, Decisions 117	Swap 186	
The Different Path 118	Other Considerations 186	
401(k) 120 Roth 401(k) 122	Creative Solutions 197 Who Is in Jeopardy of a Premium Increase? 197	
Roth 401(k) 122 Bad News/Good News 123	Who Is in Jeopardy of a Premium Increase? 197 Good News 198	
Dag 11045/0000 11045 120	It Pays to Be Married 198	
	Group Policies 199	

Deferred Annuities 199 Disability Insurance 200Surf and Turf Estate and Financial Planning for the Spouse in the Nursing Make the Kids Pay 201 Home 260 Endnote 201 Tactics for Reducing Assets Without a Medicaid Penalty Chapter 11 Social Security 202 261 History 202 Trusts Eligibility and Benefit Calculations 203 Protecting the Home 266 Look for Your Annual Statement 204 Tips for the Home 269 Tactics for Increasing Assets to Achieve a Greater Spousal Full Retirement Age 205 Early or Late Retirement 206 Resource Allowance 270 Show Me the Money 207 A Bird in the Hand 208 Annuities 271 A Bird in the Hand Promissory Notes 273 Over-Under 209 Do Nothing Strategy 274 As if You Don't Have Enough to Worry About 274 Take the Money and Run A Work in Progress 210 Partnership for Long-Term Care 275 Estate Recovery Getting a Larger Check Later 210 276 Spousal Benefits 211 Exceptions 277 Income Taxes 211 The Latest Information 279 Another Reason to Delay Taking Benefits 212 Chapter 14 Veterans' Benefits 280 COLAs 213 Veterans Eligible for Veterans Administration (VA) Pension Social Security Retirement Strategies 213 Benefits 281 Spouses and Family Members Eligible for VA Benefits Survivor's Benefits 214 Basic Requirements for Veterans' Benefits 283 Notch Babies 216 Social Security Disability Income 216 Pension Benefits for War Veterans and Their Families 284 Chapter 15 Being Patient 288 Getting a Copy of Your Record 218 Overpayments 219 Privacy and Medical Records 289 Access to Medical Records—By You and Others Medicare and Your Application for Social Security Benefits 219 Chapter 16 Scams 291 Endnote 219 Identity Theft 292 Chapter 12 Medicare 220 Affinity Fraud 293 The Medicare Alphabet 220 The Grandparent Scam 294 Managed Care 228 Social Security Scams Medicare Scams 297 Charity Scams 298 The Fly in the Ointment 230 Where Do You Get Your Plan? 231 When Can You Join or Switch a Plan 231 Investment Frauds 299 What Does It Cost? 231 Variable Annuities 299 The Math 232 Charitable Gift Annuities 300 Who Is Keeping Score? 232 Churning 300 Stranger-Owned Life Insurance (SOLI) 301 Sticky Little Detail 233 Sham Tax Forms 302 Don't Cry for Me Argentina: Tiered Drugs 233 Exceptions Process 234 Phony Prizes 303 Penalty 234 Slavery Reparations 303 Tricare 235 IRS Impersonators 304 Things to Consider When Choosing a Drug Plan Credit-Card Protection 304 Don't Give Up the SHIP 236 Chain Letters 305 Medicare Home Healthcare 236 Pyramid Schemes Home Healthcare Services Provided 237 Cramming 306 Post-Hospital Home Healthcare 238 Credit Repair Services 308 Hospice Care 238 Travel Fraud 309 Reloading 309 Premiums 239 Enrollment 240 Some Good Advice 310 Identity Theft from the Dead 311 Medicare D 241 Medigap Insurance 241 A Few Tips 311 Traditional Medicare or Medicare Advantage? Chapter 17 End-of-Life Issues 313 Appeals 244 Health Care Proxy 313 Endnote 245 Hospice Care 314 Chapter 13 Medicaid 246 Organ Donation 314 Medicaid 101 248 Durable Power of Attorney 314 Asset Eligibility 248 Beneficiary Designations 315 Life Insurance 250 Monetary Needs Retirement Planning 251 Wills 316 Exceptions to Transfer Penalties Planning Your Funeral Home Improvement 254 Wills to Live By Consideration of Income 254 Glossary 318 Protection from Spousal Impoverishment 254 Favorite Websites 331 How Much Do You Pay? 256 Forms 338 Increasing the Allowance for At-Home Spouses State Income Tax Deductibility of Section 529 Plans 342 256 Medicaid Planning 257 Index 344 Just Sav No 259 Estate Planning for the Community Spouse